



ATHLETE CODE OF CONDUCT

Updated & Approved August, 2025

I, _____, agree to be a responsible member of the Edmonton Tsunami Water Polo Club.

- I will wear my club's logo and uniform with pride and conduct myself in a manner which positively reflects on the Edmonton Tsunami Water Polo Club. I understand that water polo is a demanding sport which requires hard work and discipline. To develop to my full potential, I will strive for excellence and contribute my best effort.
- I will listen to my coach and understand that I am expected to take responsibility for my own actions.
- I will always do my best to demonstrate good sportsmanship. I will not defend or engage in actions, in or out of the water, which are not consistent with good sportsmanship, including abusive, hazing-like activities, discriminatory, intimidating and/ or profane body language or gestures, directed at anyone.
- **I will not behave in a manner that could be constituted as 'bullying' or harassment, including, but not limited to: offensive, cruel, intimidating or humiliating behavior; gossip or exclusion (direct or indirect); assertion of power through aggression; physical or mental harassment of a less powerful person by a more powerful person; unwanted remarks, jokes, comments, innuendos or taunts about a person's looks, body, attire, age, race, religion, sex or sexual orientation.**
- **I will not use any form of social media to disrespect, intimidate, initiate a reaction, or humiliate my teammates, coaches, officials nor any of my competitors.**
- **I will treat all Club coaches, other Club members (athletes), and adults (parents, coaches, officials, etc.) with respect and will address them in a proper manner.**
- I will not consume alcohol, tobacco products, or recreational drugs while participating in Club programs, activities, competitions, or events.
- I will be prepared for all practices and activities at which attendance is expected or required, and if I cannot be there or will be late, I will notify the appropriate coach and/ or team manager.
- I will be on deck a minimum of **10 minutes** in advance of the scheduled start of each practice (or earlier, as established by my coach).
- I will respect the rules of the training and competition facilities such as not walking on the deck with shoes; not using foul language; not using cell phones in the change rooms.
- I will respect the rights and consider the safety of other players, coaches, officials, administrators, volunteers, and parents.
- I will give my coach at least one (1) months' notice if my family is planning on a vacation that will limit my participation.
- I understand that playing time is the coach's decision and that playing time in games and tournaments will be determined by the coach.
- I will attend mandatory study hall during team travel as outlined by the coach. I recognize that this is not an optional event and part of being a Tsunami student-athlete and will appropriately participate in this activity.
- I will learn, understand, and respect the rules of the game.
- I will have fun, make friends, improve my skills, and play safely.



ATHLETE CODE OF CONDUCT

Athlete Discipline Policy

It is recognized that no two athletes are the same nor is every situation. When determining appropriate disciplinary action and corrective measures, pursuant to the *Discipline and Complaints Policy*, the following factors shall be considered:

- the severity of the infraction
- the frequency of the infraction (first offence, second offence, etc.)
- the age(s) of the athlete(s) involved
- the role(s) of the athlete(s) involved

1. If an athlete is found to have violated the Code of Conduct the following disciplinary measures may be taken:
 - a. The athlete may receive a verbal warning by his/her coach
 - b. The athlete may be asked to sit out of practice and the parent(s) of the athlete are notified by the Tsunami Head Coach/President.
 - c. The athlete may be asked to issue a verbal or written apology
 - d. The athlete may be issued a Letter of Reprimand
 - e. The athlete may be placed on probation for a determinate amount of time
 - f. The athlete may be issued a temporary suspension from one or more practices, activities, or competition
 - g. The athlete may be required to have a parent in attendance at practices or tournaments for a specified period
 - h. The athlete may be expelled from the Club with no refund given
 - i. Any combination of the above
2. For instances involving damage to property or facilities:
 - a. Any physical damage occurring to a facility, or cost arising from missing items/ vandalism in a situation that involves an athlete, shall be the responsibility of the athlete (and in the case of a minor athlete, the athlete's parents). If more than one person is sharing use of the facility or room, costs will be shared equally.

I agree to adhere to the Edmonton Tsunami Water Polo Club Code of Conduct and Ethics Policy.

Athlete Name

Athlete Signature

Date

Parent/Guardian Name

Parent/Guardian Signature

Date