



ATHLETE CODE OF CONDUCT

Updated & Approved August, 2025

I, _____, agree to be a responsible member of the Edmonton Tsunami Water Polo Club.

- I will wear my club's logo and uniform with pride and conduct myself in a manner which positively reflects on the Edmonton Tsunami Water Polo Club. I understand that water polo is a demanding sport which requires hard work and discipline. To develop to my full potential, I will strive for excellence and contribute my best effort.
- I will listen to my coach and understand that I am expected to take responsibility for my own actions.
- I will always do my best to demonstrate good sportsmanship. I will not defend or engage in actions, in or out of the water, which are not consistent with good sportsmanship, including abusive, hazing-like activities, discriminatory, intimidating and/ or profane body language or gestures, directed at anyone.
- **I will not behave in a manner that could be constituted as 'bullying' or harassment, including, but not limited to: offensive, cruel, intimidating or humiliating behavior; gossip or exclusion (direct or indirect); assertion of power through aggression; physical or mental harassment of a less powerful person by a more powerful person; unwanted remarks, jokes, comments, innuendos or taunts about a person's looks, body, attire, age, race, religion, sex or sexual orientation.**
- **I will not use any form of social media to disrespect, intimidate, initiate a reaction, or humiliate my teammates, coaches, officials nor any of my competitors.**
- **I will treat all Club coaches, other Club members (athletes), and adults (parents, coaches, officials, etc.) with respect and will address them in a proper manner.**
- I will not consume alcohol, tobacco products, or recreational drugs while participating in Club programs, activities, competitions, or events.
- I will be prepared for all practices and activities at which attendance is expected or required, and if I cannot be there or will be late, I will notify the appropriate coach and/ or team manager.
- I will be on deck a minimum of **10 minutes** in advance of the scheduled start of each practice (or earlier, as established by my coach).
- I will respect the rules of the training and competition facilities such as not walking on the deck with shoes; not using foul language; not using cell phones in the change rooms.
- I will respect the rights and consider the safety of other players, coaches, officials, administrators, volunteers, and parents.
- I will give my coach at least one (1) months' notice if my family is planning on a vacation that will limit my participation.
- I understand that playing time is the coach's decision and that playing time in games and tournaments will be determined by the coach.
- I will attend mandatory study hall during team travel as outlined by the coach. I recognize that this is not an optional event and part of being a Tsunami student-athlete and will appropriately participate in this activity.
- I will learn, understand, and respect the rules of the game.
- I will have fun, make friends, improve my skills, and play safely.



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Athlete Discipline Policy

It is recognized that no two athletes are the same nor is every situation. When determining appropriate disciplinary action and corrective measures, pursuant to the *Discipline and Complaints Policy*, the following factors shall be considered:

- the severity of the infraction
 - the frequency of the infraction (first offence, second offence, etc.)
 - the age(s) of the athlete(s) involved
 - the role(s) of the athlete(s) involved
1. If an athlete is found to have violated the Code of Conduct the following disciplinary measures may be taken:
 - a. The athlete may receive a verbal warning by his/her coach
 - b. The athlete may be asked to sit out of practice and the parent(s) of the athlete are notified by the Tsunami Head Coach/President.
 - c. The athlete may be asked to issue a verbal or written apology
 - d. The athlete may be issued a Letter of Reprimand
 - e. The athlete may be placed on probation for a determinate amount of time
 - f. The athlete may be issued a temporary suspension from one or more practices, activities, or competition
 - g. The athlete may be required to have a parent in attendance at practices or tournaments for a specified period
 - h. The athlete may be expelled from the Club with no refund given
 - i. Any combination of the above
 2. For instances involving damage to property or facilities:
 - a. Any physical damage occurring to a facility, or cost arising from missing items/ vandalism in a situation that involves an athlete, shall be the responsibility of the athlete (and in the case of a minor athlete, the athlete's parents). If more than one person is sharing use of the facility or room, costs will be shared equally.

I agree to adhere to the Edmonton Tsunami Water Polo Club Code of Conduct and Ethics Policy.

Athlete Name

Athlete Signature

Date

Parent/Guardian Name

Parent/Guardian Signature

Date